

ORGANIZATION**CONTACT INFORMATION****STAY UP-TO-DATE****California COVID-19 Updates**<https://covid19.ca.gov>**California Public Health
Department**(916) 558-1784;
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>**Alameda County Health
Department**(510) 268-2101;
acphd.org/2019-ncov.aspx**EMPLOYMENT AND ASSISTANCE****The Employment Development
Department (EDD) can assist with
Unemployment Insurance**English: 800-300-5616; Spanish: (800) 326-8937;
Cantonese; (800) 547-3506; Mandarin: (866) 303-
0706; Vietnamese: (800) 547-2058
edd.ca.gov/about_edd/coronavirus-2019.htm**Self Employed/Independent
Contractor Unemployment
Benefits:**edd.ca.gov/disability/Self-Employed.htm**Alameda County Food Banks are
open**

(800) 870-FOOD

TCV Food Bank(510) 793-4583; tri-cityvolunteers.org
37350 Joseph St Fremont, CA 94536**ONE FAIR WAGE Emergency
Fund**ofwemergencyfund.org/help**LIFE ElderCare**510-894-0370; tricityatrisk.com**SMALL BUSINESSES RESOURCES****Low-Interest Disaster Loans are
available from the Small Business
Administration**(800) 659-2955;
[sba.gov/page/coronavirus-covid-19-small-business-
guidance-loan-resources](http://sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources)**Help for Businesses to Avert
Closures or Layoffs**916-464-3343;
edd.ca.gov/pdf_pub_ctr/de8714rrb.pdf;
[edd.ca.gov/Unemployment/Work_Sharing_Program.
htm](http://edd.ca.gov/Unemployment/Work_Sharing_Program.htm)**Governor's Office of Business and
Economic Development**(877) 345-4633;
business.ca.gov/coronavirus-2019**Alameda County Small Business
Development Center (ACSBDC)**510-516-4118; acsbdc.org**ASIAN, Inc.**(415) 928-5910x137; asianinc.org/business**MENTAL HEALTH SUPPORT****Mental Health America**<https://screening.mhanational.org/screening-tools>

La Familia

(510) 300-3500; lafamiliacounseling.org;
26081 Mocine Avenue, Hayward, CA 94544

DOMESTIC VIOLENCE RESOURCES

National Domestic Violence (800) 799-7233 (English and Spanish); thehotline.org
Maitri 1-888-862-4874; maitri.org/contact-us
RAINN (Rape, Abuse & Incest (800) 656-4673; rainn.org
Tri-Valley Haven Crisis Line 1-925-449-5842 or 1-800-884-8119;

KNOW YOUR RIGHTS

Know your rights as an immigrantguide.ca.gov/en/covid19/
SIREN (Services, Immigrant (408) 453-3003 (English and Spanish) & (408) 453-

REPORT PRICE GOUGING

Price Gouging is illegal in (800) 952-5225;

STOP HATE CRIMES

If you witness or are the victim of asianpacificpolicyandplanningcouncil.org/stop-aapi-

MEALS FOR STUDENTS

Fremont Unified School District (510) 657-2350; fremont.k12.ca.us
Newark Unified School District (510) 818-4103; newarkunified.org

HEALTHCARE

Covered California English: (800) 300-1506 Arabic: (800) 836-6324;

TAXES

The deadline for State and (800) 852-5711 (English and Spanish);

DEPARTMENT OF MOTOR VEHICLES

Extensions for DMV renewals (800) 777-0133 (English and Spanish); dmv.ca.gov

COTACT MY OFFICE

District Office: (408) 262-2501, Capitol Office: (916) 319-2025; a25.asmdc.org

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